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## AN EXPLORATION OF NURSING IN SOUTH AFRICA

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**PAST PRESIDENT AMERICAN NURSES ASSOCIATION**

JUNE 18–JUNE 26, 2008



### **PROFESSIONAL HIGHLIGHTS**

Challenges: Nursing Care to Remote and Underserved People  
Nursing Shortages Worldwide and effects in South Africa  
HIV: Pregnant women, Children, Hospice Care  
Orphanages: HIV and other Infectious Diseases  
Education and Training of Nurses  
Nursing Issues in Hospitals and Wards  
Community Based Health Care

### **CULTURAL HIGHLIGHTS**

Kruger Park Game Drives  
Soweto Tour & Apartheid Museum  
Cape Town & Table Mountain  
Dinner with a South African Family



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## JOHANNESBURG

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Johannesburg is currently the largest city in Southern Africa with more than six million people and urbanization at 97%. It is a city of contrasts with wealthy suburbs and commercial centers alongside informal settlements, Indian bazaars and African muti (medicine) shops, where traditional healers dispense advice and traditional medicine.

Johannesburg is in Gauteng Province. “Gauteng” is a Sotho word meaning Place of Gold. It is the smallest of the South Africa’s nine provinces, but is the centre for commercial business and governance. South Africa’s wealth is based primarily in the Golden Reef that makes up the Witwatersrand (Ridge of White Waters), of which Johannesburg is the centre. The city’s history dates back to 1886, when gold was discovered in this area.

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### Day 1 (D) Arrive Johannesburg

- Evening arrival in Johannesburg!
- Transfer to hotel and dinner.



### Day 2 (B, L) Johannesburg

- In Country Briefing
- Professional visit (South African Nursing Council)
- Soweto Tour including Hector Pietersen Museum



### Day3 (B, D) Johannesburg

- Full day of professional site visits and discussions.
- The professional visits in Johannesburg will include organizations such as the following:
  - Othandweni Family Care Center
  - Democratic Nursing Organization of South Africa-DENOSA
  - SADC AIDS network of nurses and midwives-SANNAM
  - The Society of Midwives of South Africa



## KRUGER NATIONAL PARK

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The world-renowned Kruger National Park offers a wildlife experience that ranks with the best in Africa. Established in 1898 to protect the wildlife of the South African Lowveld, this national park of nearly 2 million hectares, SANParks - Kruger National Park is unrivalled in the diversity of its life forms and a world leader in advanced environmental management techniques and policies.



### Day 4 (B, L, D) Johannesburg – Kruger National Park

- Drive to Kruger National Park
- Lunch en Route to Kruger
- African Boma Cultural dinner this evening



### DAY 5 (B, L, D) KRUGER NATIONAL PARK

- Game Drives morning and afternoon exploring Kruger National Park

## CAPE TOWN

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Warmed by the African sun, the city is dominated by a towering, table-shaped mountain, set on a peninsula of soaring, rocky heights and lush valleys, where two oceans converge- Indian and Atlantic. Immense natural beauty, and the fast pace and bright lights of a great urban centre meld effortlessly here, from the beautiful beaches to the vibrant Waterfront and Cape Town city Center and the award winning wine farms of Stellenbosch and Franschhoek..



### Day 6 (B, L) Kruger – Johannesburg – Cape Town

- Return to Johannesburg
- Fly to Cape Town
- Dinner on own in Cape Town

### Day 7 (B, D) Cape Town

- Robben Island:
- Cape Peninsula tour including Chapman's Peak, Cape Point, Boulders Beach
- Table Mountain
- Dinner with a South African family



### **Day 8 (B, L, D) Cape Town**

- Nursing Department, University of the Western Cape
- Helderberg Hospice
- Full Day of Professional visits

### **Day 9 (B) Cape Town – USA!**

- Morning at leisure
- Transfer to your flight home.  
Bon Voyage!

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## **REGISTRATION**

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**\$3980.00** per person based on double occupancy (program begins in Johannesburg and ends in Cape Town). NOTE: Program does not include **domestic air between Johannesburg and Cape Town**. This should be included in your international ticket purchase. Please call us for more information on air.  
\$970.00 Optional Single Room Supplement

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**\$250.00 Discount** for each delegate, guest, or family member that you refer, who registers and travels on the delegation. The amount is credited to you 30 days prior to travel date.

**Registration forms can be downloaded from [www.globalreachinstitute.org](http://www.globalreachinstitute.org), or you may call 1-888-727-3224; and must be accompanied by a \$500 deposit;** please refer to cancellation/refund policy on the registration form. Delegates must be registered and paid in full no later than 60 days prior to travel. Visa fees and additional airport taxes are the responsibility of the delegate

Tuition includes:

1. First Class Hotel Accommodations
2. First Class Motor Coach Transportation
3. English speaking guide services
4. Meals and tickets to the scenic spots as well as special event specified in the program.
5. Professional Meetings, transportation, and continuing education credits as specified

## **OPTIONAL EXTENSION TO VICTORIA FALLS**

**JUNE 26-28**

**(2 nights/3 days including air round trip to/from Johannesburg)**

## VICTORIA FALLS



Described by the Kololo tribe living in the area in the 1800's as 'Mosi-oa-Tunya' - 'the Smoke that Thunders' and in more modern terms as 'the greatest known curtain of falling water', Victoria Falls are a spectacular sight of awe-inspiring beauty and grandeur on the Zambezi River, bordering Zambia and Zimbabwe.

Columns of spray can be seen from miles away as 546 million cubic meters of water per minute plummet over the edge (the height of the flood season) over a width of nearly two kilometers into a deep gorge over 100 meters below. The

wide basalt cliff, over which the falls thunder, transforms the Zambezi from wide placid river to a ferocious torrent cutting through a series of dramatic gorges.



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### Day 1 (B) Johannesburg – Victoria Falls

- Fly From Johannesburg to Victoria Falls  
Lunch on plane
- African Tribal Dance Experience
- Sunset Cruise on the Zambezi River  
Hotel: Victoria Falls Safari Lodge

### Day 2 (B) Victoria Falls

- Guided tour of Victoria Falls this morning
- Afternoon at leisure  
Time for optional activities (Flight of Angels over the Falls, elephant back safari, guided game walks, boating on the Zambezi, bungee jumping, rafting on the lower Zambezi or exploring the market)

### Day 3 (B) Victoria Falls – Johannesburg – USA!

- Flight: Johannesburg – Victoria Falls return
- Morning free for more optional activities
- Afternoon flight back to Johannesburg to join your flight home.

## REGISTRATION

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**\$1150.00** per person based on double occupancy (program begins in Johannesburg and ends in Johannesburg). NOTE: Program does not include **domestic air between Capetown and Johannesburg at the end of your professional program.** This segment should be included in your international ticket purchase. Please call us for more information on air.  
\$196.00 Optional Single Room Supplement

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### Package includes:

Accommodation with breakfast  
Activities listed on the itinerary

All entrance fees for activities listed on itinerary  
Group airport transfers (all delegates must travel on the same flights)

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